


houston 
foodbank


HOUSTON CHAPTER
of
CREDIT UNIONS

FOOD DRIVE

July 17th - August 15th

Please bring non-perishable food items to your local credit union to be donated on **August 15th** to the Houston Food Bank.

MOST NEEDED ITEMS:

* Protein Items

- Canned Tuna/Chicken (*in water*)
- Canned Stews
- Canned Pasta w/Meat
- Peanut Butter
- Packages of Dried Beans

* Canned fruits/Natural Applesauce

* 100% Juice Cans or Boxes

* Canned Vegetables, Tomatoes, Tomato Sauce

* Soups with Meat/Beans, Meal-In-A-Can (*easy on salt/fat*)

* Cereals and Cereal Bars (*easy on salt/fat*)

* Pastas

*Please check the expiration date before donating.



To make a monetary
donation, scan this
code!

