

Houston Chapter of Credit Unions Volleyball Tournament

Official Volleyball Rules

Team Players

- Team has 6 players on the court
- 3 players are front row players and 3 of them are back row players
- **IMPORTANT! The number of male players on the court at any given time may not exceed the number of female players.**
- A female player ***does not*** need to make contact with the ball before the ball is returned over the net.
- A rotation system must be implemented for each team. This means that one player cannot continuously serve.
- Players must be 18 or older

Contacting the Ball:

- Each team is allowed to have maximum of three touches before hitting the ball over the net.
- Same player cannot hit the ball twice in a row.
- Players are NOT allowed to catch, hold, or throw the ball.
- Players are NOT allowed to hit or block the opponents serve.
- No illegal hits (i.e. palming or lifts) and no open-hand hits.

Back Row Attack:

- Back row players cannot attack the ball front row. If they attack, they have to perform the jump behind the attack line (10 foot line, 3 meter line).
 - The ball has to be completely above the net for it to be an illegal attack

In or Out?

- Referee calls the ball “IN”, if any part of it hits the lines. (Imagine the ball is painted. If the ball left a mark that touches the lines, the ball is judged IN)
- Ball is ruled OUT, if
 - The ball lands outside the boundary lines (without touching the opponent)
 - The ball hits the antenna
 - Contact with net or crossing net is made

Scoring:

- Each match will consist of one (1) game to 25 points with a time limit of 25 minutes. **Rally scoring will be used (either team can score regardless of who the serving team is).** The game must be won by a minimum 2-point advantage. If the time limit has expired, the team with the most points will be declared the winner, regardless of the score.
- If total for top teams are tied a ten minute playoff game will be played to determine the advancing team

Housekeeping

- Team Captains will be responsible for cleaning up their areas before they leave the Sports Complex.
- Do not place coolers on the courts
- Do not get balls from locked up areas, one will be provided for each court, if you need more than one please bring your own