

April 18th - May 16th



Please bring non-perishable food items to your local credit union to be donated on **May 16th** to the Houston Food Bank.

Most Needed Items

Protein items

Canned tuna/ chicken (*in water*)
Canned stews
Canned pasta w/Meat
Peanut butter
Packages of dried beans

Canned fruits/ natural applesauce

100% juice cans or boxes

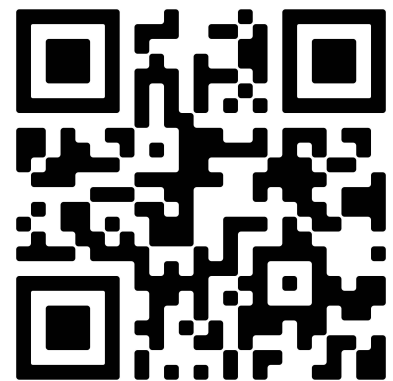
Canned vegetables, tomatoes, tomato sauce

Soups with meat/ beans, meal-in-a-can (*easy on salt/fat*)

Cereals and cereal bars (*easy on salt/fat*)

Pastas

*Please check the expiration date before donating.



To make a monetary donation, scan this code!