



FEEDING
AMERICA

Food Bank of the
Year

Please bring your **non-perishable*** food item donations to your local credit union to be donated on August 13th to the Houston Food Bank.

July 15th - August 13th 2019

Most Needed Items:

- Protein Items
 - Canned tuna or chicken, packed in water
 - Canned stews and pasta/meat, easy on salt and fat
 - Peanut butter, Packages of dried beans
- Canned Fruits in light syrup, natural applesauce
- 100% juice cans or boxes
- Canned vegetables, tomatoes, tomato sauce
- Soups with meat and/or beans, meal-in-a-can, easy on salt and fat
- Cereals and cereal bars, easy on sugar and fat
- Pasta, spaghetti, macaroni, noodles

***Please check the expiration date before donating.**

Drop off Locations:

Members Trust FCU

2315 Mangum Rd

Houston, TX 77092

(available until 1:00 PM, 8/13)

Texas Bay Credit Union

12611 Fuqua Street

Houston, TX 77034

(available until 1:00 PM, 8/13)